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The healer in us all

Posted: 4:08 PM (Manila Time) | Apr. 08, 2002
By [Cory Quirino](#)
Inquirer News Service



SIS. Lydia Cabornay received her award together with two senior pranic healers of the World Pranic Healing Foundation, Faith Sawey and Hermie Corcuera.

Pranic healing

THERE lives in each of us a healer waiting to be discovered, waiting patiently to heal the self and, ultimately, the world. This is the mission of pranic healing, both the science and the art.

Master Choa Kok Sui, a Filipino of Chinese descent and chemical engineer by profession, was interested in yoga, mysticism and Chinese Ki Kung (the art of generating internal power) at a very young age. He spent more than 18 months studying the esoteric sciences while searching for alternative ways to ease human suffering.

Learning the secrets of healing from gurus and master healers, he founded the Institute for Inner Studies, through which he passes on to his students what he has learned. To date, there are more than 13,000 graduated pranic healers in the Philippines plus thousands more in Southeast Asia, Europe and the USA.

Ancient art

Pranic healing (PH), also called medical *qigong*, magnetic healing, laying of the hands or charismatic healing, is an ancient art. It utilizes *prana* or *ki* to heal the physical body. *Prana* or *ki* is the life energy that keeps the body alive and healthy. In Greek, it is known as *pneuma*; in Hebrew it is

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called *ruah*.


The human body is made up of the visible physical body and the invisible energy (bioplasmic) body. This energy body penetrates and extends 4-5 inches beyond the physical body. Clairvoyants who can see auras call this the etheric body or etheric double.

All human beings have what is called the power of the self, which can generate the energy from life. The process of pranic healing allows the "transfer" of the energy from any of several sources: solar (sun), ground (earth) and air (*prana*), to the person being healed. Thus, without the benefit of surgery or medication, the victim is healed, thereby earning the label miraculous healing.

Vehicle

I was a vehicle of sorts for the incredible healing of Carol (not her real name), an 18-year-old battling the last stages of lupus. Her mother, in a moment of desperation, asked me if I knew a healer because her "daughter needs help for the doctors have lost all hope of curing her." In short, she was on her deathbed. Immediately, I called the Pranic Healing Center and asked for a healer to drop by the hospital. They sent what I would consider a senior healer. She spent a total of 20 minutes with Carol, who was nearly comatose. The healer simply raised her hand 15 ft. away from the patient and proceeded to "sweep" and then "energize."

The very next morning, an exhausted but happy mother called me to give thanks. In less than 24 hours her daughter was pronounced out of danger.

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LAWYER Nestor and Gloria Romulo with children. The whole family received "Healing Angel" award-- October 2001.

A miracle?

It is not the intention of PH to replace orthodox medicine, although its role is to enhance healing by complementing orthodox medicine. This is the reason more and more doctors are becoming pranic healers.

Dr. Marie Rose Yabut, an ob-gyn at Cardinal Santos Hospital, said PH has "facilitated my work as an obstetrician, giving me more confidence and composure on the operating table." She used a technique in visualization that "facilitated the difficult delivery of my patient Marivic Ocampo and her baby boy."

Sr. Lydia Cabornay, a 63-year-old nun from the Missionary Sisters of the Immaculate Conception, recounted a campus ministry where a 19-year-old student complained of a headache. After a few minutes of simple healing, the student's headache was gone.

After three sessions with the nun, a 20-year-old student who was sexually molested at age 8 and had trouble dealing with spiritual and emotional pain, changed her attitude. The victim has since forgiven her uncle and has not resumed counseling.

Flor S. Ravina, a 64-year-old assistant school division superintendent in Marinduque, enrolled in a basic PH course

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together with 150 teachers last year.

At the Southern Tagalog Regional Athletic Meet in Sta. Cruz, Laguna, 50 students who complained of various ailments, from headache to fever to diarrhea, underwent healing sessions with some teachers. All experienced relief within minutes to an hour after the session.

Gloria Romulo, a 57-year-old homemaker was advised by her optometrist, Dr. Pearl T. Villalon, that she would soon suffer from retinal detachment (deformity of vision) if her symptoms persisted. She was warned that once she experienced flashes of light the condition would have been confirmed. Believing in preventive healing, Gloria, after having graduated from PH, practiced self-healing through a powerful visualization technique. What prompted her to self-heal was the onset of the flashing lights. After one year of self-healing she underwent an eye exam. Her retina was intact.

So convinced she was about the power of self-healing that her entire family is now a family of pranic healers.

Intelligent cells

If Dr. Deepak Chopra, renowned guru and author of best-selling books on antiaging and healing, believed that human cells have an intelligence that will listen when talked to and react positively when programmed properly, then healing the self makes a whole lot of good sense.

It is said that the power of the mind to create is just as potent as the power to destroy. Tapping the positive forces all humans are imbued with merely challenges us all to create.

Imagine then a world of healers. What a new mankind we could create. Imagine a whole new world.



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