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Energy Facelift: Pranic Beauty Treatment

- Doctor Uses Crystal Cosmetic Procedure On Wrinkles

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LOS ANGELES (CBS) A 39-year-old fashion executive wants to freshen up her face ... as long as she can do it without surgery.

"I'm just too scared. I would never go under the knife," says Valerie Anderson.

Actor Anthony Guidera wouldn't mind looking younger as long as no needles are involved.

"I don't like needles, I don't do needles," he says.

And they -- along with a retired dentist, a 55-year-old and a thirty-something who showed up after she saw what happened to her friend's face -- say they've found a way to lessen the lines, firm up their skin, get rid of wrinkles -- in essence, look years younger. All without knives of needles.

"My friends would say it looks like 10 years dropped off my life," Anthony says.

"By applying this energy technique it will regenerate the cells," says Dr. Glenn Mendoza, M.D.

It's a beauty treatment that sounds rather bizarre, but Dr. Mendoza is erasing signs of aging ... not with a laser, but, he says -- with laser-beam precision, using a crystal.

"I do it with a crystal to be more specific."

For the last six months or so, Dr. Mendoza and a handful of other practitioners around the country have taken the principles of pranic healing -- a form of energy medicine developed by Chinese energy master Choa Kok Sui -- and applied them for cosmetic purposes.

"We can use the same energy to try to rejuvenate the face," says Stephen Co.

"I did a pilot study, over 21 subjects ... some of the lines on the side of the mouth, on the side of the eyes, the vertical lines and lines on the forehead disappeared between one and five healings," says Dr. Mendoza.

For maximum results the pranic protocol for faces is four months.

"It takes time for energy to assimilate in cells so cells can use it as fuel to make the necessary repairs," says Stephen Co.

But even after just one to four treatments, patients say they saw results.

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Valerie says her furrows faded away, "Especially on my forehead, its amazing!"

"The skin felt thicker, it felt fuller," Anthony says.

"I look wonderful for 55 years old," Martha says.

Patient after patient ... Each say they saw creases decrease. Age less obvious ...

"I used to have lines around my eyes, now they're almost gone," Tara says.

"It's full, I look younger!" Rose says.

Perhaps in this day and age, one doesn't need a crystal ball to see yourself as you once were ... all you need is a crystal.

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