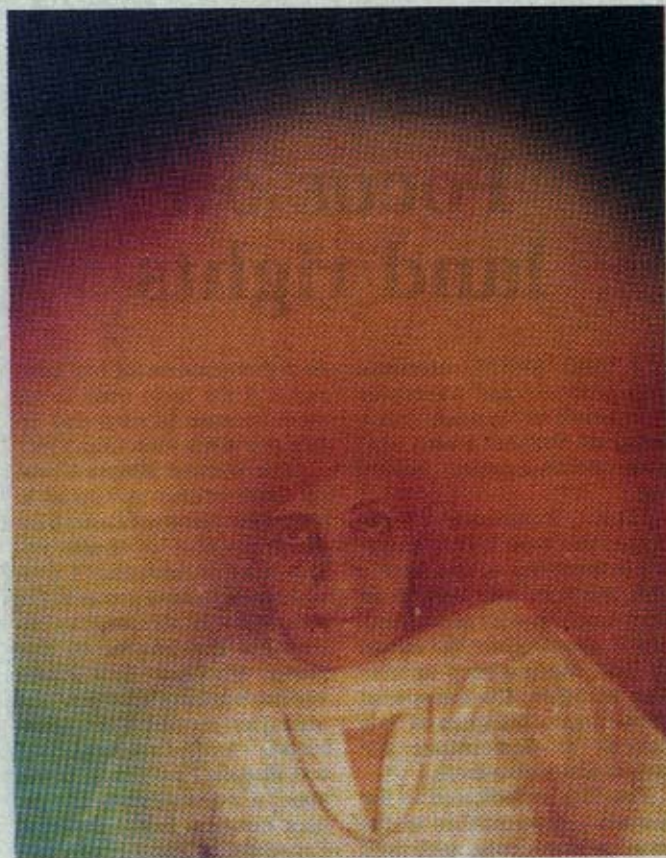


Peace through pranic healing



An arthritic patient before treatment.

Master Choa Kok Sui will demonstrate what pranic healing is all about at a free session tomorrow for the public at the Ethiraja Kalyana Nilayam, Alwarpet.

IF YOU have not come across pranic healing yet, here's an opportunity to experience it. The modern founder of pranic healing, Master Choa Kok Sui, is in Chennai. A free mass healing by him is being arranged tomorrow (January 22) at Ethiraja Kalyana Nilayam, 87, TTK Road, Alwarpet.

Pranic healing is an ancient science and art of healing using 'prana' or life force. It is based on the fact that the human body is capable of healing itself and this process is accelerated



by transferring life energy to the affected part or the area where it is needed.

Pranic healing involves two key steps. The first step is cleansing out the diseased energy and the second step is sending fresh energy to the patient to accelerate the healing process.

In pranic healing, there is no physical contact between the healer and the patient. Some patients get instant relief, but those with serious problems may require several sessions to find complete cure.

Allopathy, ayurveda and other conventional systems treat the physical body. Pranic healing like acupuncture and yoga treats the energy body. Ancient siddha and Chinese medicine used a combination of herbs, chemicals and metals to treat the physical body and pranic healing or acupuncture to treat the energy body. Pranic healing complements other systems of medicine. In serious cases, when you work on both the physical body and the energy body, healing is quicker.

When a patient comes to a

pranic healer, he makes the patient feel comfortable and listens to his problems patiently. Then he will briefly explain what pranic healing is and what it involves. After that the healer scans the patient's energy body and chakras. This enables him to know where the problem lies.

After cleaning out the diseased energy from the body, the healer sends fresh prana to these areas. As the body takes 12 to 24 hours to absorb the prana, the patient is required not to bathe for at least 24 hours after the treatment. The patient may be asked to come for further healing sessions, if necessary.

Pranic healing as presented by Master Choa Kok Sui has been taught in the Philippines, India, Europe and the Americas for several years, and practised in Chennai for over 10 years. Pranic healing which has been accepted by many doctors and hospitals works well on physical problems such as backache, epilepsy, diabetes, arthritis, blood pressure, respiratory and cardiac problems as also on

rough pranic healing

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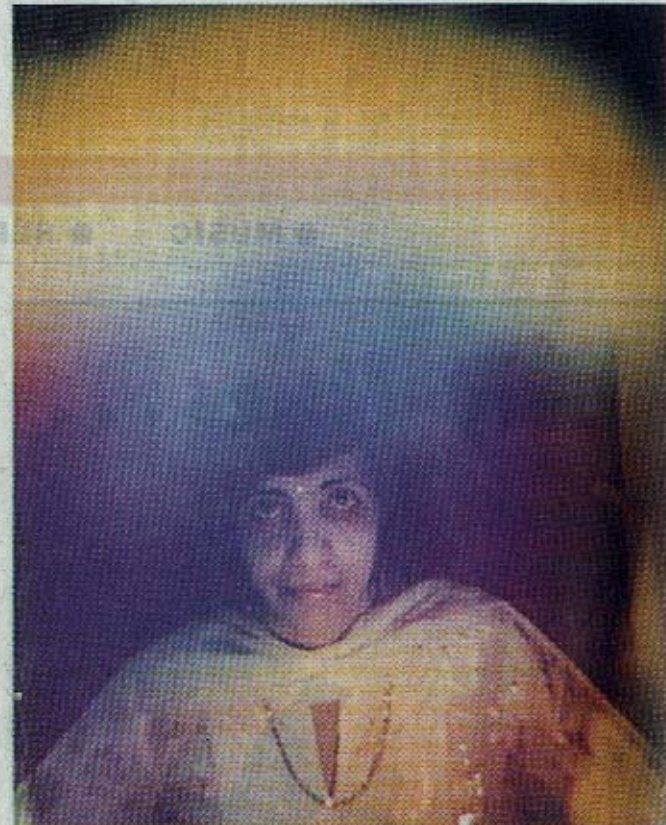
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After one hour of treatment.

depression, addictions, phobias and stress.

Another interesting fact is that pranic healing can be applied to medicines to reduce their adverse side effects.

For details, contact the Pranic Healing foundation of Tamil Nadu, Alsa Crescent, Alsa Gardens, 72/2, Harrington Road, Chetpet, ph: 28236438/28272889. ■