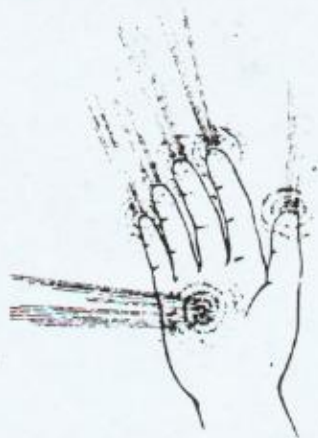


Farming with energy

By Lourdes N. Pangilinan

THERE is a kind of energy that does not come in barrels or drain our foreign reserves, yet can provide farmers with ample supply at absolutely no cost. This type, from which the better-known forms derive, is right in the air, from the ground and from the sun, and farmers can tap them any time night or day, without exhausting the source, both to sustain the fields and the farmers' own health. This energy, which envelopes the universe and animates it, is called *prana* in Sanskrit (meaning *vital force* or *vital energy*). It is used in treating physical disease (pranic healing) as well as mental and psychological disease (pranic psychotherapy) in a still paranormal way. *Prana* is the universal, physical stuff that life is made of.

Discovered and first used by ancient Indian yogi, pranic healing was popularized in the Philippines by master pranic healer Choa Kok Sui, with direct supervision by his much-regarded teacher Mei Ling. Master Choa advances the high probability of the energy's being useful in the farm, too. With the correct and careful use of color energy done through trained visualization, the former can hasten the growth of crops and farm animals. Since vital energy or *prana* makes up the life and health of all living organisms, what applies to treating



"ENERGY centers' at our fingertips

humans can also apply to the care of animals and plants. One interesting way by which this freely available energy can fill the need of today's farmers is with the use of red and yellow energy on plants and animals to accelerate growth. The use of color in energy projection, though, is reserved to those with advanced pranic healing training.

By learning how to utilize this indigenous energy, farmers can also treat physical disorders in themselves and others such as backache, insect and animal bites, cuts and wounds, burn and sunburn, muscle cramps, sprain and strain, fatigue and general weakness. These, of course, are treatable in addition to

physical and mental ailments that the farmer may already have.

Energy healing, in summary, involves the manipulation of the invisible energy or bioplasmic body of the ailing person by the invisible energy hands of the other person who is treating him. Disease in the invisible realm is either the lack of sufficient energy in the bioplasmic body (called *pranic depletion*) or excess of it (*pranic congestion*). The condition is corrected by the healer by first cleaning or sweeping the diseased body part, followed by projecting fresh energy from the environment into the said part if it is a depletion. Otherwise, the diseased part is decongested. Cleansing and projecting energy are done right on the affected parts and through the 11 known major energy centers, called *chakras*, spread throughout the body for the sole purpose of providing sufficient energy with which to survive. When the bioplasmic body is treated, a certain duration must elapse before the cure in the invisible physical realm manifests itself. Inversely, physical cure soon manifests its bioplasmic equivalent with the disappearance of the depletion or congestion.

Those interested in learning this profitable manner of treating disease and applying its benefits in the farm as well as the home may contact the Institute for Inner Studies, Inc. at telephones 818-1568 and 818-1465 to inquire about training.