Master Your Relationships with Pranic Healing

BY GILLA MOGILEVSKY

Relationships have been the subject of interest since time immemorial. Many books have been written, dealing with human nature. From the story of Adam and Eve, Cleopatra, Napoleon, and Romeo and Juliet to modern day psychologists, story tellers, poetry and music, we have been immersed in the complexity of dealing with a spectrum of human emotions. Resolving disputes and promoting harmony and cooperation have often remained a mystery.

All current relationships between parents and children, siblings, friends, or lovers are a product of past actions, beliefs and programs. How we react to others will depend on what they think and how they feel at the time.

When we interact with each other, there is an energy flow from one person to the other. The emotional state of each person will determine the quality of that energy. When people interact in a loving way, loving energy will flow between them, and they will feel good.

However, when people engage in an argument, the angry energy will flow between them, intensifying the emotion.

Pranic healing techniques can remove the negative energy, subsequently removing or dissolving the associated negative emotion and promoting a better resolution.

Recently my son came home upset and agitated. He told me that he met a school friend with her boyfriend. My sons friendly greeting was met with a threat from the boyfriend. My son, being a teenager started to make plans for retaliation.

To avoid any further confrontations, I used the Pranic healing techniques to calm him, before he took the matter further. Within a few minutes, my son settled down and shortly afterwards lost interest in pursuing the matter. The visible emotions of fear, anger and frustration that he displayed just a short while earlier subsided, and he felt relaxed.

How is it possible to remove negative and disabling emotions with such ease?

Understanding the human energy field is the key. The physical body is surrounded and interpenetrated by an energy field, called the aura.

Inside the aura there are energy centres, called chakras. Each chakra controls and regulates a certain physical and emotional part of the body. When a person experiences negative emotions such as fear, anger or frustration, the life force and the body's energy field are affected. The energy body may become drained, blocked, or under-activated.

Pranic healing teaches the techniques to recognize where the negative energy is stored, cleanse the negative energy and recharging with clean and positive energy, leaving a person feeling happy, light and optimistic, with a sense of well being at all levels. A happy and optimistic person will project a positive energy, helping those around to feel better.

Pranic Healing techniques can be used to clear an endless variety of undesirable situations. From simple applications such as clearing a headache, reducing high fever, and other physical ailments to clearing phobias, addictions and depression. These techniques can be used to promote those things we want, such as better health, a feeling of well being, better relationships and improved finances.

Master Choa Kok Sui, has developed these Pranic Healing techniques. Using scientific "no touch" methodology, Pranic Healing utilizes "prana" or life force, to initiate specific changes in the human energy field. These techniques accelerate the body's natural ability to prevent, promote, and heal a whole variety of physical, emotional, and mental conditions.

To understand Pranic Healing is to go beyond the conventional, and beyond the confines of one's beliefs, practices and training.

According to Master Choa Kok Sui, the mental and emotional energies produced by thinking and feeling have consciousness. What we experience, think and feel produces different type of energy, such as thought forms or thought entities. In other words the thoughts and feelings are real. When a person has a negative or traumatic experience it produces negative psychic energy. This energy is lodged in several centres, which if not cleared may in the long-term manifest as stress, phobia or depression. A traumatic experience may produce repeated thought of fear, poor self-esteem, insecurity, futility, indifference or a feeling of loss of power.

By working on the energy field, we can affect the physical body, the emotional state, and mental and spiritual health of a person.

Relationships between people are based on their past experiences and memories. These experiences and memories are stored as energy in the aura. The negative energy that may be lodged in the aura and chakras will dictate how a person will respond, and interacts with others. If the negative energy is not cleared, they will continue to live in the shadow of the past.

But when the negative energies are cleared, one is free from the past. One no longer simply reacts to a particular memory, program or situation. It is easier to see ourselves and others for what we really are, without judgment or opinions, which are clouded by a variety of emotions. Relationships can then grow and develop in a positive and loving fashion.

When one grasps this concept, it is easier to understand others. It is no longer necessary to analyse every situation, to improve relationships or resolve a conflict. But, by simply understanding the quality of the energy they produce, and which technique to use to dissolve them.

How can these techniques benefit and enhance our relationships with our partners and loved ones? A mother can calm and console her distressed child. A wife or husband can remove their partner's work related stress. This would diffuse potential arguments and promote peace and harmony at home. And if one wants to be creative a man can even dissolve his wife's "traditional" headache and enhance the quality of their intimacy.

The Pranic Mastery Courses are available in Sydney and Adelaide. They offer unique, easy to learn methods of decontaminating our human energy system, and better still, preventing contamination. An indepth knowledge of the human energy field, and techniques to scan, clean, heal and energise the aura. Of particular interest are the ways of preventing and treating burnout (the modern plague), alleviating a variety of common health problems, as well as methods of using the energy to manifest our special projects.

Pranic Mastery Centre will host a Free Introductory Talk at Mill Hill Centre, 33 Spring St, Bondi Junction on Wednesday July 25th at 7.30pm.

For course details and brochure phone Gilla on 0411 701110. See ad below.

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Presented by
Gilla Mogilevsky
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Achieve confidence and self-esteem
Materialize your wishes and desires

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